

October

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast Hash Brown Patty, Apples & Milk Lunch Chicken Alfredo Pasta with cauliflower, Cuties & Milk Snack Graham Crackers & melon
4 Breakfast WG Cereal, Bananas & Milk Lunch Lentils, Tomatoes, Brown Rice, Pears & Milk Snack Cheese It Crackers & Blueberries	5 Breakfast Scramble Eggs, Cantaloupe, & Milk Lunch Corn Dogs, Carrots, Oranges & Milk Snack WG Toast & Sunflower butter	6 Breakfast Banana Muffins, Strawberry & Milk Lunch WG spaghetti, Green Beans, Apples & Milk Snack Crackers & Cucumber	7 Breakfast WG French Toast, Mango & Milk Lunch Tuna Salad, Corn, Ritz Crackers, Peaches & Milk Snack Animal crackers & Pineapple	8 Breakfast Butter Croissants, Watermelon & Milk Lunch WG Chicken Nuggets, Mix Vegetables, Banana & Milk Snack String Cheese & Grapes
11 Breakfast Waffles, Bananas & Milk Lunch Turkey Stew with Vegetables, Brown Rice, Apples & Milk Snack WG Toast & Pears	12 Breakfast Blueberry Muffin, Blueberries & Milk Lunch Chicken Tacos, Lettuce, Rice, Oranges, & Milk Snack WG Crackers & Pineapple	13 Breakfast Turkey Sausages with Home style Potatoes & Milk Lunch Enchiladas with Corn, Rice, Cantaloupe & Milk Snack Pita crackers & Cheese Cubes	14 Breakfast WG Cereal, Bananas & Milk Lunch Mac & Cheese, Broccoli, Watermelon & Milk Snack Crackers & Cucumber	15 Breakfast Hash Brown Patty, Apples & Milk Lunch Chicken Alfredo Pasta with cauliflower, Cuties & Milk Snack Graham Crackers & melon
18 Breakfast WG Cereal, Bananas & Milk Lunch Lentils, Tomatoes, Brown Rice, Pears & Milk Snack Cheese It Crackers & Blueberries	19 Breakfast Scramble Eggs, Cantaloupe, & Milk Lunch Corn Dogs, Carrots, Oranges & Milk Snack WG Toast & Sunflower butter	20 Breakfast Banana Muffins, Strawberry & Milk Lunch WG spaghetti, Green Beans, Apples & Milk Snack Crackers & Cucumber	21 Breakfast WG French Toast, Mango & Milk Lunch Tuna Salad, Corn, Ritz Crackers, Peaches & Milk Snack Animal crackers & Pineapple	22 Breakfast Butter Croissants, Watermelon & Milk Lunch WG Chicken Nuggets, Mix Vegetables, Banana & Milk Snack String Cheese & Grapes
25 Breakfast Waffles, Bananas & Milk Lunch Turkey Stew with Vegetables, Brown Rice, Apples & Milk Snack WG Toast & Pears	26 Breakfast Blueberry Muffin, Blueberries & Milk Lunch Chicken Tacos, Lettuce, Rice, Oranges, & Milk Snack WG Crackers & Pineapple	27 Breakfast Turkey Sausage Potatoes & Milk Lunch Enchiladas, with Corn, Rice, Cantaloupe & Milk Snack Pita crackers & Cheese Cubes	28 Breakfast WG Cereal, Bananas & Milk Lunch Mac & Cheese, Broccoli, Watermelon & Milk Snack Crackers & Cucumber	29 Breakfast Hash Brown Patty, Apples & Milk Lunch Chicken Alfredo Pasta with cauliflower, Cuties & Milk Snack Graham Crackers & melon

Infants: Whole Milk Preschoolers: 2+ years 1% milk
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