







# NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
	<p align="right">1</p> <p><b>Breakfast</b> Waffles, Cuties &amp; Milk</p> <p><b>Lunch</b> Tuna Salad, Corn, Ritz Crackers, Honey Dew &amp; Milk</p> <p><b>Snack</b> Goldfish crackers &amp; Cuties</p>	<p align="right">2</p> <p><b>Breakfast</b> WG Cereal, Bananas &amp; Milk</p> <p><b>Lunch</b> WG Chicken Nuggets, Broccoli, Banana &amp; Milk</p> <p><b>Snack</b> Ritz crackers &amp; Orange</p>	<p align="right">3</p> <p><b>Breakfast</b> Butter Croissant, Orange &amp; Milk</p> <p><b>Lunch</b> Lentils with Brown Rice, Tomato, Cantaloupe &amp; Milk</p> <p><b>Snack</b> Trail Mix without Nuts &amp; Apple Sauce</p>	<p align="right">4</p> <p><b>Breakfast</b> WG Pancakes, Grapes &amp; Milk</p> <p><b>Lunch</b> Mac &amp; Cheese, Broccoli Apples, &amp; Milk</p> <p><b>Snack</b> Cheeze-It &amp; Watermelon</p>
<p align="right">7</p> <p><b>Breakfast</b> WG Toast with Jelly, Banana &amp; Milk</p> <p><b>Lunch</b> WG Spaghetti with Ground Turkey, Green Beans, Grapes &amp; Milk</p> <p><b>Snack</b> Gogo Squeeze Yogurt &amp; Banana</p>	<p align="right">8</p> <p><b>Breakfast</b> Seasonal Muffins, Golden Melon &amp; Milk</p> <p><b>Lunch</b> BBQ Chicken Leg with WG Slice of Bread, Cauliflower, Watermelon &amp; Milk</p> <p><b>Snack</b> String Cheese &amp; Apples</p>	<p align="right">9</p> <p><b>Breakfast</b> Oatmeal, Pears &amp; Milk</p> <p><b>Lunch</b> Turkey Stew with WG Rice, Mixed Vegetables, Orange &amp; Milk</p> <p><b>Snack</b> Gram Crackers &amp; Pears</p>	<p align="right">10</p> <p><b>Breakfast</b> WG Bagel, Honey Dew &amp; Milk</p> <p><b>Lunch</b> Beans with Brown Rice, Peas, Pears &amp; Milk</p> <p><b>Snack</b> Pita Chips &amp; Cantaloupe</p>	<p align="right">11</p> 
<p align="right">14</p> <p><b>Breakfast</b> Seasonal Muffin, Watermelon &amp; Milk</p> <p><b>Lunch</b> WG Turkey Ham Sandwich, lettuce, cucumber &amp; Milk</p> <p><b>Snack</b> Animal Crackers &amp; Golden Melon</p>	<p align="right">15</p> <p><b>Breakfast</b> Waffles, Cuties &amp; Milk</p> <p><b>Lunch</b> Tuna Salad, Corn, Ritz Crackers, Honey Dew &amp; Milk</p> <p><b>Snack</b> Goldfish crackers &amp; Cuties</p>	<p align="right">16</p> <p><b>Breakfast</b> WG Cereal, Bananas &amp; Milk</p> <p><b>Lunch</b> WG Chicken Nuggets, Broccoli, Banana &amp; Milk</p> <p><b>Snack</b> Ritz crackers &amp; Orange</p>	<p align="right">17</p> <p><b>Breakfast</b> Butter Croissant, Orange &amp; Milk</p> <p><b>Lunch</b> Lentils with Brown Rice, Tomato, Cantaloupe &amp; Milk</p> <p><b>Snack</b> Trail Mix without Nuts &amp; Apple Sauce</p>	<p align="right">18</p> <p><b>Breakfast</b> WG Pancakes, Grapes &amp; Milk</p> <p><b>Lunch</b> Mac &amp; Cheese, Broccoli Apples, &amp; Milk</p> <p><b>Snack</b> Cheeze-It &amp; Watermelon</p>
<p align="right">21</p> <p><b>Breakfast</b> WG Toast with Jelly, Banana &amp; Milk</p> <p><b>Lunch</b> WG Spaghetti with Ground Turkey, Green Beans, Grapes &amp; Milk</p> <p><b>Snack</b> Gogo Squeeze Yogurt &amp; Banana</p>	<p align="right">22</p> <p><b>Breakfast</b> Seasonal Muffins, Golden Melon &amp; Milk</p> <p><b>Lunch</b> BBQ Chicken Leg with WG Slice of Bread, Cauliflower, Watermelon &amp; Milk</p> <p><b>Snack</b> String Cheese &amp; Apples</p>	<p align="right">23</p> <p><b>Breakfast</b> Oatmeal, Pears &amp; Milk</p> <p><b>Lunch</b> Turkey Stew with WG Rice, Mixed Vegetables, Orange &amp; Milk</p> <p><b>Snack</b> Gram Crackers &amp; Pears</p>	<p align="right">24</p> 	<p align="right">25</p> 
<p align="right">28</p> <p><b>Breakfast</b> Seasonal Muffin, Watermelon &amp; Milk</p> <p><b>Lunch</b> WG Turkey Ham Sandwich, lettuce, cucumber &amp; Milk</p> <p><b>Snack</b> Animal Crackers &amp; Golden Melon</p>	<p align="right">29</p> <p><b>Breakfast</b> Waffles, Cuties &amp; Milk</p> <p><b>Lunch</b> Tuna Salad, Corn, Ritz Crackers, Honey Dew &amp; Milk</p> <p><b>Snack</b> Goldfish crackers &amp; Cuties</p>	<p align="right">30</p> <p><b>Breakfast</b> WG Cereal, Bananas &amp; Milk</p> <p><b>Lunch</b> WG Chicken Nuggets, Broccoli, Banana &amp; Milk</p> <p><b>Snack</b> Ritz crackers &amp; Orange</p>		

Infants 6 Weeks to 5 Months 4-6 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch & Snack

Infants 6-11 Months 6-8 oz breast milk/Iron-Fortified Formula for Breakfast, Lunch (Food will be served in form of pureed, mashed, ground, or finely chopped) Snack 2-4 oz breast milk/Iron-Fortified Formula

Infants 12-24 months: Whole Milk Preschoolers: 2+ years 1% milk

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